

SYLLABUS**PSYCHOLOGY PAPER – 2****Unit -1: Psychopathology and Clinical Psychology**

- Concept of Normality and Pathology.
- Classification of Mental disorders: DSM-V and ICD-10.
- Causes of Abnormality: Biological, Psychological and socio-cultural.
- Clinical Disorders: Anxiety Disorder (Generalized Anxiety Disorder, Panic Disorder, Obsessive Compulsive Disorder); Mood Disorders (Depression, Bipolar disorder), Schizophrenia; Types, Etiology and Clinical picture; Personality and Substance related disorders. Types, Etiology and Clinical picture.
- Mental Health: Complete Mental health Model (Emotional, Psychological and Social well-being), Mental health Promotion.

Unit – II: Social Psychology

- Social Psychology: Nature, Approaches and Methods.
- Social Cognition: Person Perception, Self-Perception, Social Perception.
- Attitude: Nature, Formation, Measurement and Theories of Attitude Change.
- Group Processes: Group Formation, Group Effectiveness and Group Cohesiveness, Group Dynamics, Cooperation / Competition.
- Leadership: Nature, Types, Functions and Theories of Leadership.
- Altruism and Aggression.
- Environmental Psychology: Human environment relationship, Environmental effects on human behavior, Crowding Personal Space and Density, Pollution (Noise, Air, Water, etc.), Natural disasters, promoting pro-environmental behavior.

Unit – III: Educational and Counselling Psychology

- Educational Psychology: Nature, Scope, Models and Measures of Effective Teaching.
- Exceptional Children: Gifted, Physically and Mentally challenged, Problem Children.
- Culture, Teaching and Learning: Role of Socio-economic status and ethnicity Language differences and bilingualism and Multicultural education.
- Counseling: Nature, Goals and Principles, Roles and Functions of Counselors and their Professional Training.
- Approaches to Counseling: Directive, Non-Directive, Behaviouristic, Humanistic, Existential, Gestalt and Eclectic.
- Techniques of Guidance: Group Guidance, Role Playing, Career Counseling, Case Study and Interview.

Unit – IV: Industrial and Organizational Psychology

- Industrial Psychology: Nature, Scope and Methods, Job Analysis and Personnel Selection. Training and Development: Principles and Methods, Job Evaluation, Performance Appraisal.
- Motivation and Work: Theories of Work Motivation-Maslow, Herzberg, Alderfer, McGregor and Vroom.
- Leadership: Theories of Leadership, Job Satisfaction and Industrial Morale.
- Work and Environment: Work and Fatigue, Man-Machine System, Human Engineering, Equipment Design, Environment Design, Industrial Accidents and Safety.
- Management of Organizational Behaviour: Leadership and Management, Decision Making, Communication, Group Dynamics. Organizational Psychology: Types of Organizations, Systems Approach, Behavioral Approaches, Socialization and Organizational Climate.

Unit- V: Recent Trends in Psychology

- Cognitive Psychology: Consciousness; Frames, Functions and States of consciousness. Representation of Knowledge; Semantic organization of knowledge and theories of visual representation. Language; Basic Structure, Linguistic Hierarchy, Psycholinguistics.
- Positive Psychology, Human Character- Strengths and virtues, happiness and well-being. Positive cognitive states; self-efficacy, Hope, Mindfulness, wisdom and courage. Resilience.
- Indian Psychology and Indigenous approaches: Mind and Personality; Ego and Ahankara, Advait Vedantic Model, Buddhist Model, Sri Aurobindo's perspective.
- Health psychology; Bio-psychosocial Model, Work, Stress and Health, Health Promotion.